

NON-DISCLOSURE AGREEMENT

Service Provider: Sylvia Summer ("Chef")

Client Name: _____ ("Client")

Effective Date: _____

1. Purpose of Agreement

The Client is engaging Sylvia Summer for private culinary and weight loss services. This Agreement ensures that all personal, medical, and lifestyle information shared during this professional relationship remains strictly confidential.

2. Definition of Confidential Information

"Confidential Information" includes, but is not limited to:

- **Identity & Privacy:** The Client's name, address, family members, guests, and professional affiliations.
- **Health Data:** Weight, body measurements, caloric goals, blood work, allergies, and medical history.
- **Household Details:** Home security protocols, layouts, and daily schedules.

3. Strict Non-Disclosure Obligations

Chef Sylvia Summer agrees to:

- Keep all confidential information in the strictest confidence.
- **Prohibit** any third-party access to the Client's home or data without prior written consent.
- Use the information solely for the purpose of preparing meals and managing the Client's weight loss program.

4. Image and Social Media Policy

To protect the Client's anonymity and the sanctity of their home:

- **No Personal Photography:** Chef is strictly prohibited from taking photographs or videos of the Client, the Client's family, or guests.
- **No Interior Photography:** No photos of the home interior, decor, or identifiable landmarks may be taken or shared.

- **Dishes:** Chef is permitted to take photographs of **prepared dishes only** for the purposes of menu planning, nutritional logging, and professional record-keeping.
- **Social Media Restriction:** No "food photos" may be posted to social media if they contain identifiable backgrounds or if they "tag" the Client's location.

5. Data Security

Any digital records regarding the Client's weight loss progress (spreadsheets, apps, or photos of meals) shall be stored on password-protected devices and will be deleted upon the termination of services at the Client's request.

6. Term

The obligations of this Agreement shall survive the termination of the professional relationship and remain in effect indefinitely.

7. Legal Remedies

Chef acknowledges that a breach of this Agreement could result in significant distress and harm to the Client. In the event of a breach, the Client is entitled to seek injunctive relief and any legal damages permitted by law.

Signatures

Chef: _____ (Sylvia Summer) **Date:** _____

Client: _____ **Date:** _____